

Bay Care Services (800) 878-5470 (Open 24 hours)

- Valencia students can get immediate help that may assist them with psychological issues dealing with stress, anxiety, depression, adjustment difficulties, substance abuse, and time management, as well as relationship problems dealing with school, home or work.
- Students have 24-hour unlimited access to the BayCare Behavioral Health's confidential student assistance program phone counseling services by calling (800) 878-5470. Three free confidential face-to-face counseling sessions are also available to students.